

Excel and Noble Trials: What Is the Impact on Clinical Practice Two Years Later

I. Sheiban

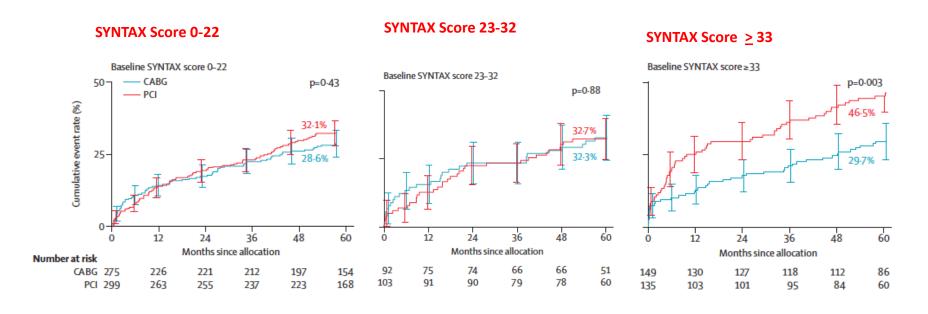
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Before EXCEL and NOBLE...



SYNTAX Trial: LM 5yrs Outcome



Eur Heart J. 2014,35:2821-2830

The Trial That Changed our Practice ...

PCI vs CABG for LM Disease: 12 Meta-Analyses, 2009-2014

Author	Journal	Year	RCT	Non-RCT	Pts	FU	
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DES vs. CABG for LM Disease Consensus from trials and meta-analysis

- 1.Stoke is Higher in CABG.
- 2.TVR is Higher in PCI.
- 3.Outcomes of PCI with DES is Comparable with CABG in low and intermediate risk patients
- 4. CABG is superior in patients with diffuse disease



European Heart Journal Advance Access published August 29, 2014



European Heart Journal doi:10.1093/eurheartj/ehu278 **ESC/EACTS GUIDELINES**





2014 ESC/EACTS Guidelines on myocardial revascularization

The Task Force on Myocardial Revascularization of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Recommendation for the type of revascularization (CABG or PCI) in patients with SCAD with suitable coronary anatomy for both procedures and low predicted surgical mortality

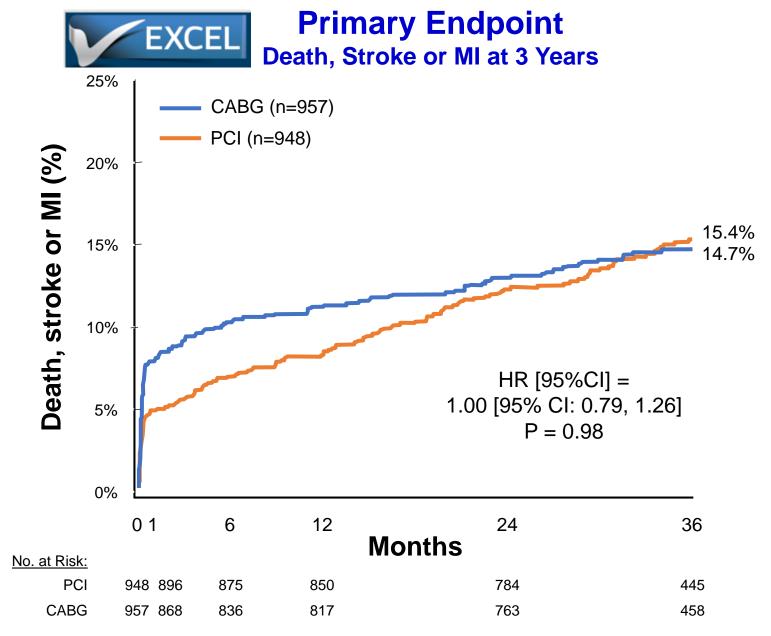
Left main disease with a SYNTAX score ≤ 22.		В	I	В	17,134,170
Left main disease with a SYNTAX score 23–32.	1	В	lla	В	17
Left main disease with a SYNTAX score >32.	1	В	111	В	17

CABG = coronary artery bypass grafting; LAD = left anterior descending coronary artery; PCI = percutaneous coronary intervention; SCAD = stable coronary artery disease.^aClass of recommendation.

^bLevel of evidence.

^cReferences.





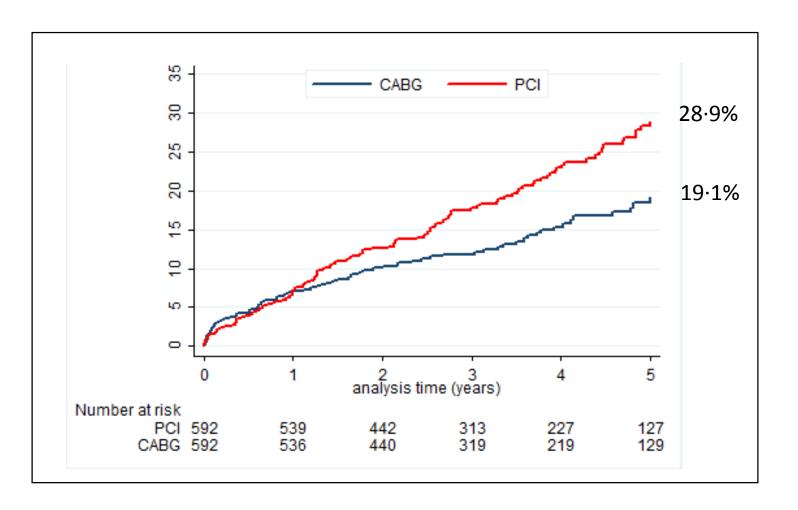
GW Stone et al; N Engl J Med. 2016;375:2223-2235





Primary endpoint: MACCE

(All cuase-Mortality, Non-procedural MI, RR, Stroke)





EXCEL and NOBLE Trials: Similarities and Diferences

Variables	NOBLE trial	EXCEL trial
Trial design		
Patient characteristics	STEMI within 24 h excluded	All ACS eligible
Anatomic characteristics	ULMCAD stenosis >50% or FFR<0.80; no more than 3 additional lesion or complex addition lesion	ULMCAD stenosis >70% or if 50-70% then FFR<0.80; SYNTAX <32
Primary endpoint	Death, spontaneous MI, stroke or revascularization	Death, any MI or stroke
Geographic region	100% Europe	56% Europe, 40% North America, 4% Other*
Sample size	1,201	1,905
Median follow-up time	3.1 years	3.0 years
Study population		
SYNTAX score	22.5±7.5	20.6±6.2
ACS	18%	15% (1.4% STEMI)
LVEF	60% (IQR 55-65%)	57%±10%
Diabetes	PCI group: 15%; CABG group: 15%	PCI group: 32.2%; CABG group: 28.0%
Procedural characteristics		
Stent used	89% biolimus-eluting stent (BIOMATRIX™), 11% 1 st Gen DES	100% everolimus-eluting stent (XIENCE™)
Distal/bifurcation disease	81%	81%
IVUS guidance	Pre-stent evaluation: 47%; post-stent evaluation: 77%	IVUS guidance: 77%
2-stents used	37 %	NR
2-stent technique	Culotte: 24%; crush: 4%; other: 9%	NR
LIMA to LAD	96 %	98.8%
Only arterial grafts used	14.3%	24.8%



EXCEL and NOBLE Trials: Similarities and Diferences

Variables	NOBLE trial	EXCEL trial
Trial design		
Results: PCI vs. CABG		
Primary endpoint	Favors CABG	No difference
All-cause-mortality	No difference	No difference
Cardiac mortality	No difference	No difference
Total MI	NR	No difference
Spontaneous MI	Favors CABG	No difference
Stroke	No difference	No difference
Total revascularization	Favors CABG	Favors CABG
Target-lesion revascularization	No difference	No difference
LMCA revascularization	No difference	NR
Stent thrombosis	2% [†] , 0.8% (BIOMATRIX [™] DES only) [†]	0.7% [‡]

After EXCEL and NOBLE: 2016



Summary of Major Clinical Trials Endpoints Evaluating PCI vs CABG for Management of Unprotected Left Main Coronary Artery Disease

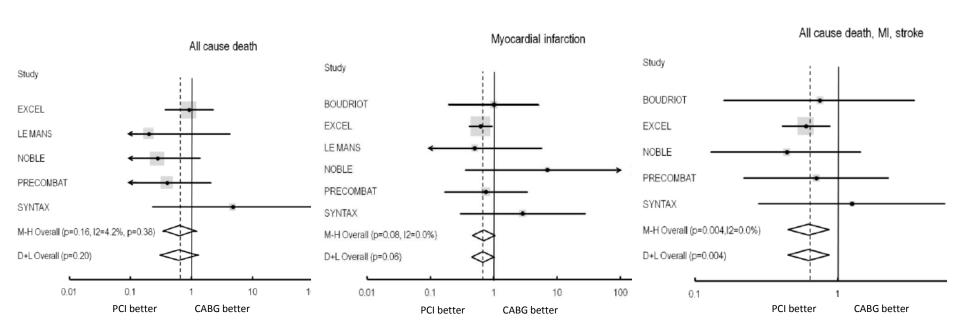
- •No difference in mortality between the two treatment strategies
- •Meta-analysis including the SYNTAX, PRECOMBAT, Buodriot et al., NOBLE and EXCEL show no difference in safety endpoints.
- •In patients with high-risk anatomy with LM and MV disease CABG is clearly the better strategy with superior long-term outcomes.
- •Patients with low or intermediate risk anatomy (SYNTAX score ≤32) either PCI or CABG are reasonable with PCI being associated with less morbidity, hospital stays and lower stroke rates in the periprocedural period but with higher TLR over

time despite use of II generation DES, intravscualr imaging, procedural techniques and medical therapy.



PCI vs CABG for LM – a Meta-Analysis of Six Randomized Trials and 4,686 pts

30-day outcomes

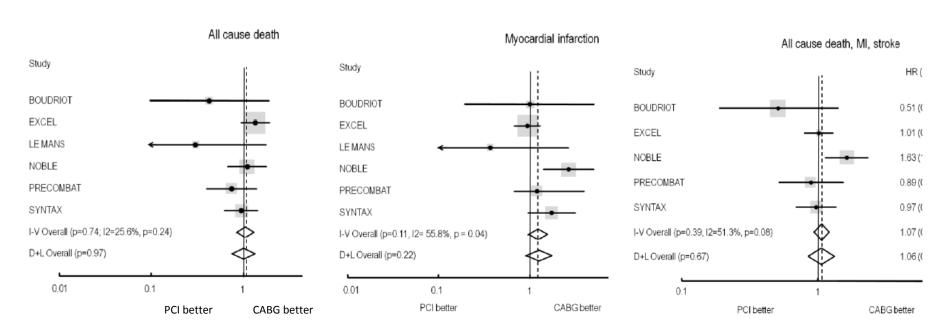


Palmerini T et al. Am Heart J 2017



PCI vs CABG for LM – a Meta-Analysis of Six Randomized Trials and 4,686 pts

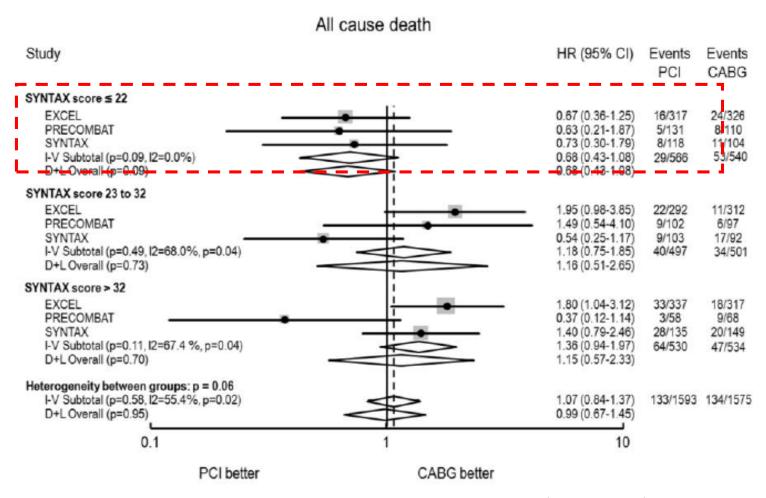
Long Term outcomes



Palmerini T et al. Am Heart J 2017

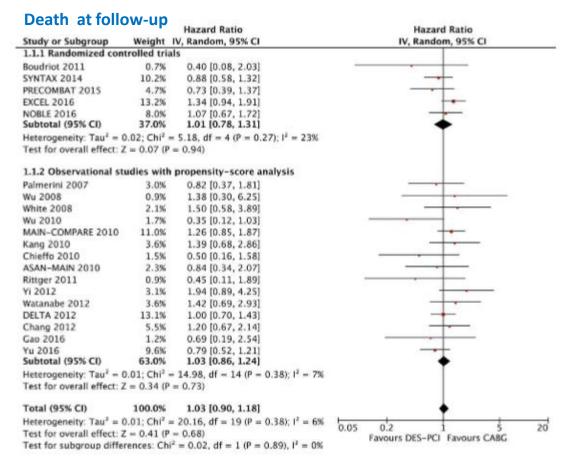


PCI vs CABG for LM – a Meta-Analysis of Six Randomized Trials and 4,686 pts





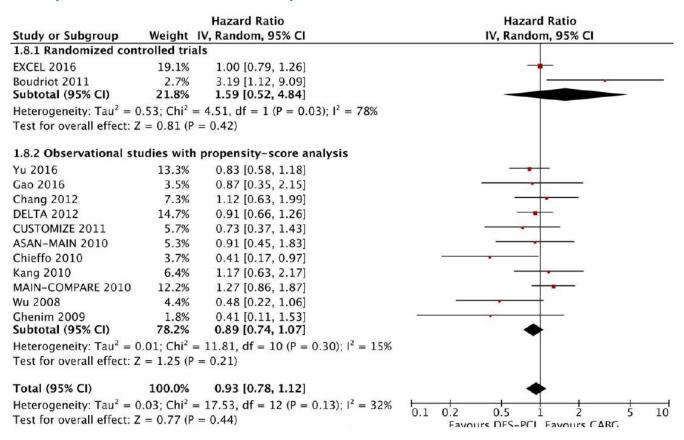
Drug-eluting stents versus coronary artery bypass grafting for left-main coronary artery disease





Drug-eluting stents versus coronary artery bypass grafting for left-main coronary artery disease

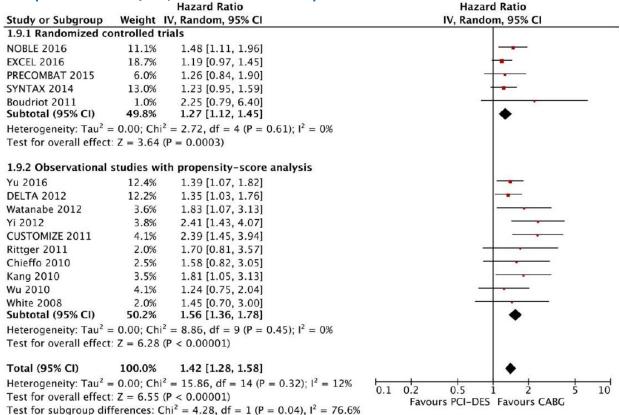
Composite of death / MI at follow-up





Drug-eluting stents versus coronary artery bypass grafting for left-main coronary artery disease

Composite of death / MI, and TLR at follow-up





Generalizability of EXCEL and NOBLE results to a large registry population with unprotected left main coronary artery disease

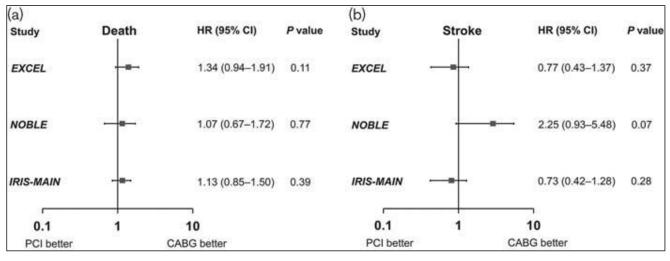
Table 1 Key features of each clinical study

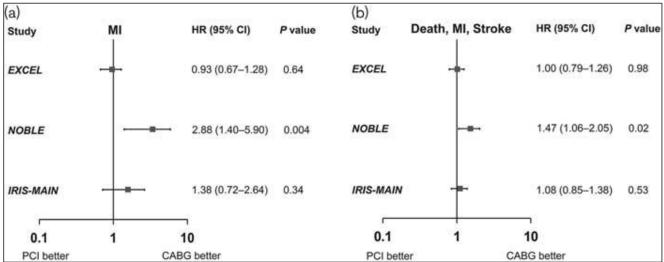
Designs	EXCEL trial	NOBLE trial	IRIS-MAIN registry
Study type	Multicenter (126 sites in North/South America, Europe, Asia Pacific), prospective, open- label, randomized, noninferiority design trial comparing PCI and CABG	Multicenter (36 sites in northern Europe), prospective, open-label, randomized, noninferiority design trial comparing PCI and CABG	Multicenter (50 sites in Asia), prospective, nonrandomized observational registry including PCI, CABG, or medication alone
Main inclusion criteria	Unprotected LMCA disease with angiographic DS > 70%, as estimated visually, or 50% ≤ DS <70% with at least one of following: (a) noninvasive evidence of ischemia referable to LMCA lesion; (b) IVUS MLA ≤ 6.0 mm ² ; or (c) FFR ≤ 0.80	Unprotected LMCA disease with angiographic DS > 50%, as estimated visually, or FFR <0.8	Unprotected LMCA disease with angiographic DS > 50%, as estimated visually
Key exclusion criteria	ey exclusion SYNTAX score ≥ 33, prior PCI at left main (any STEMI within 24 h, > 3 or complex additional		Minimal exclusion criteria (prior CABG, concomitant valvular or aortic surgery)
Primary endpoint	Composite of all-cause death, MI, or stroke	Composite rate of all-cause death, nonprocedural MI, repeat revascularization, or stroke	Outcomes of interest were death, MI, stroke, repeat revascularization, and its composite outcome
Recruitment period Follow-up period (median) (years)	September 2010-March 2014 3.0 (2.4-3.0)	December 2008–January 2015 3.1 (2.0–5.0)	November 2006-December 2013 3.0 (2.0-4.1)
Number of CABG patients	957	592	774
Number of PCI patients	948	592	1707
Stent type used for PCI	XIENCE cobalt-chromium everolimus-eluting stent	BioMatrix biolimus-eluting stent recommended since March 2010, but other CE-marked DES allowed	Any second generation DES available in each participating center

CABG, coronary artery bypass grafting; CK-MB, creatine kinase-myocardial band; DES, drug-eluting stent; DS, diameter stenosis; EXCEL, Evaluation of XIENCE Everolimus-Eluting Stent Versus Coronary Artery Bypass Surgery for Effectiveness of Left Main Revascularization; FFR, fractional flow reserve; IRIS—MAIN, Interventional Research Incorporation Society—Left MAIN Revascularization; IVUS, intravascular ultrasound; LMCA, left main coronary artery; MI, myocardial infarction; MLA, minimal lumen area; NOBLE, Nordic—Baltic—British Left Main Revascularization Study; PCI, percutaneous coronary intervention; STEMI, ST-segment elevation myocardial infarction; SYNTAX, Synergy Between Percutaneous Coronary Intervention with Taxus and Cardiac Surgery.



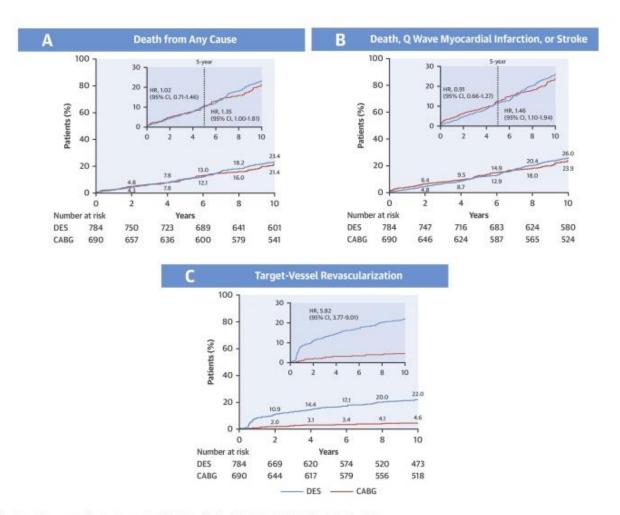
Generalizability of EXCEL and NOBLE results to a large registry population with unprotected left main coronary artery disease







10-Year Outcomes of Stents Versus Coronary Artery Bypass Grafting for Left Main Coronary Artery Disease



Park, D.-W. et al. J Am Coll Cardiol. 2018;72(23):2813-22.

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Pedro José Nec Antonio Thoma

Hospital De Carlos A Caga (UECE), Fortal

Abstract

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Results: In the

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p = 0.50). The

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Conclusion:

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Mukherjee, MD, Dm # Article Info

Abstract

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comparable morta

associated with his



Clinical outco revascularizat surgery in pat artery disease 4,686 patients

PlumX Metrics

DOI: https://doi.org/10.1016

Background

Some but not all randomi

(PCI) with drug-eluting ste

surgery for the treatment

compare the risk of all-car

Randomized controlled to

analysis of RCT.

Methods

Tullio Palmerini, MD, Patr Artery Byp Riva, MD, Letizia Bacchi I DMSc, Timo Makikallio, M Thiele, MD, Enno Boudrio Coronary 1 Raphael Cavalcante, MD.

Partha Sardar, MD Amartya Kundu, ME

PlumX Metrics

DOI: https://doi.org/10

Article Info

Full Te

MEDLINE, EMBASE, Coo Results Six trials including 4,686 r no significant differences 0.76-1.30) or cardiac mort apparent between randor lower with PCI compared intermediate tertile, and h with CABG was associate 1.08 95% CL0.82-1.37) CABG (P_{Haracton} < .0001). revascularization compare

Conclusions In patients undergoing rev compared with CABG at a iournal. lower mortality with PCI in Medicine (20

infarction, or stroke, with PCI offering an early s

with high SYNTAX score.

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Interpretation

CABG had a mortality it diabetes and higher or. main disease. Longer follow-up is needed to better define mortality differences between the

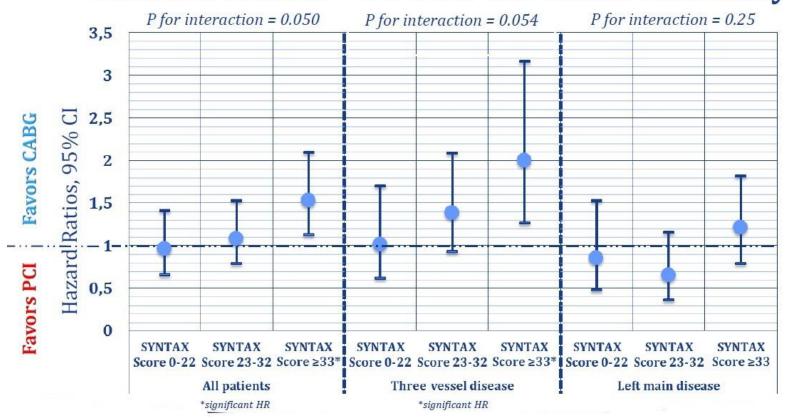
revascularisation strategies.

THE LANCET Online First Current Issue All Issues Special Issues Advanced Search Met cord < Provious Article Volume 391, No. 10124, p939-948, 10 March 2018 Next Article > cord Articles Mortality after coronary artery bypass grafting versus percutaneous coronary intervention with stenting for coronary Clinic artery disease: a pooled analysis of individual patient data folloy Stuart J Head, MDE 101, Milan Milojevic, MD, Joost Daemen, MD, Jung-Min Ahn, MD, Proferic Boersma, PhD, Evald H Christianson, MD, Prof Michael J Domanski, MD, Prof Michael E Farkouh, MD, Prof Marcus Flather, MBRS, Valentin Fuster, MD, Prof Mark A Hatky, MD, Niets R Holm, MD, Whady A Hoeb, MD, Nasoor Kamalesh, MD, Young Hak Kim, MD, Timo Mäkikalilo, MD, Prof Friedrich W Mohr, MD, Grigorios Papageorgiou, MSc., Seung-Jung Park, MD, Alfredo E Rodríguez, MD, Joseph F Sabik 3rd, MD, Rodney H Stables, DM, Prof Gregg W Stone, MD, Prof Patrick W Serruys, MD, Prof Arie Pieter Kappetein, MD Published: 22 February 2018 Backg * PlumX Metrics ① trials and A f 💟 🚍 🚈 DOE https://doi.org/10.1006/50140-6736(18)00423-0 | () CressMark Summary Full Text Tables and Figures References Supplementary Material Summary Background Numerous randomised trials have compared coronary artery bypass grafting (CABG) with percutaneous coronary intervention (PCI) for patients with coronary artery disease. However, no studies have been powered to detect a difference in mortality between the revascularisation strategies. We did a systematic review up to July 19, 2017, to identify randomised clinical trials comparing CABG with PCI using stents. Eligible studies included patients with multivessel or left main coronary artery disease who did not present with acute myocardial infarction, did PCI with stents (bare-metal or drug-eluting), and had more than I year of follow-up for all-cause mortality. In a collaborative, pooled analysis of individual patient data from the identified trials, we estimated all-cause mortality up to 5 years using Kaplan-Meier analyses and compared PCI with CABG using a random-effects Cox proportional-hazards model stratified by trial. Consistency of treatment effect was explored in ultrasou subgroup analyses, with subgroups defined according to baseline clinical and anatomical characteristics. SYNTAX Findings We included 11 randomised trials involving 11 518 patients selected by heart teams who were assigned to PCI (n=5753) or to CABG (n=5765). 976 patients died over a mean follow-up of 3-8 years (SD 1-4). Mean Synergy between PCI with Taxus and Cardiac Surgery (SYNTAX) score was 26-0 (SD 9-5), with 1798 (22-1%) mortality was 11-2% at

Higher mortality in patients with MVD (particularly in those with diabetes) in PCI group as compared to CABG,

No benefit from CABG was seen in patients with LM disease

SYNTAX scores - 10 Year All-Cause Mortality







European Heart Journal (2019) 40, 87–165 European Society doi:10.1093/eurheartj/ehy394 **ESC/EACTS GUIDELINES**

2018 ESC/EACTS Guidelines on myocardial revascularization

The Task Force on myocardial revascularization of the European Society of Cardiology (ESC) and European Association for Cardio-Thoracic Surgery (EACTS)

Developed with the special contribution of the European Association for Percutaneous Cardiovascular Interventions (EAPCI)

Recommendations according to extent of CAD		CABG		PCI	
	Classa	Level ^b	Classa	Level ^b	
One-vessel CAD					
Without proximal LAD stenosis.	ШЬ	С	1	С	
With proximal LAD stenosis. ^{68,101,139–144}	1	A	1	A	
Two-vessel CAD					
Without proximal LAD stenosis.	ШЬ	С	1	С	
With proximal LAD stenosis. ^{68,70,73}	1	В	- 1	С	
Left main CAD					
Left main disease with low SYNTAX score (0 - 22). 69,121,122,124,145-148	1	A	1	A	
Left main disease with intermediate SYNTAX score (23 - 32). ^{69,121,122,124,145-148}	1	A	lla	A	
Left main disease with high SYNTAX score (≥33). ^c 69,121,122,124,146–148		A	III	В	
Three-vessel CAD without diabetes mellitus					
Three-vessel disease with low SYNTAX score (0 - 22). 102,105,121,123,124,135,149	1	A	- 1	A	
Three-vessel disease with intermediate or high SYNTAX score (>22).c 102,105,121,123,124,135,149		A	III	A	
Three-vessel CAD with diabetes mellitus					
Three-vessel disease with low SYNTAX score 0–22. 102,105,121,123,124,135,150–157	1	A	IIb	A	
Three-vessel disease with intermediate or high SYNTAX score (>22).c 102,105,121,123,124,135,150–157	1	A	III	A	

- Data available from Clinical Trials and meta-analysis provide a high level of evidence for optimal management of LMCA disease in selected patients (low / intermediate SYTAX Score)
- The issue is not Left Main but extension of coronary artery disease.
 Patients with MVD (particularly Diabetic Patients) and high SYNTAX
 Score should clearly be considered for Surgery as first Option
- The Heart Team approach has a very relevant role in guiding individual patient decision-making and for patient-centered care.
- Long-term follow-up studies up to 10 years for LMCA revascularization are still limited which might penalize the surgery since benefit of CABG is often seen after extended follow-up
- Waiting for long-term follow up results, efforts should be targeted to proceed in technical and procedural advances which can influence PCI outcomes in complex patients



- SYNTAX Score II (incorporating clinical and anatomical variables) to guide Heart Team decisions on myocardial revascularisa6on.
- Physiology-based revascularisation (hybrid use of iFR and FFR).
- Second generation DES (<u>thin strut</u>, <u>biodegradable</u>
 polymer, <u>everolimus</u>- <u>eluting Synergy™ stent</u> [EES]).
- IVUS-guided optmisation of stent deployment (modified MUSIC criteria).
- Contemporary CTO revascularization techniques.
- Guideline-directed medical therapy.

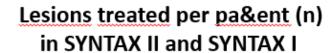
Escaned J et al. EuroInterven6on. 2016 Jun 12;12(2):e224-34

- Primary endpoint: Composite of major adverse cardiac and cerebrovascular events (MACCE) at one-year follow-up.
- Comparator: Predefined PCI cohort (n=315) from the original SYNTAX-I trial selected on the basis of equipoise 4-year mortality between CABG and PCI

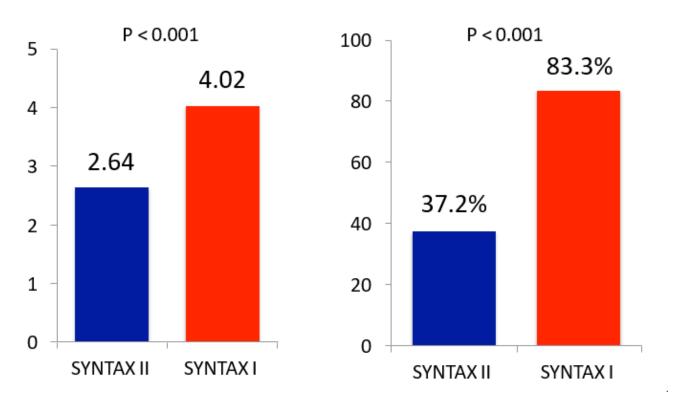


Baseline Characteristics

	SYNTAX II (n=454)	SYNTAX I PCI arm (n=315)	P value
Age (years)	66.7 ± 9.7	66.7 ± 9.1	0.99
Male	93.2%	93.0%	0.93
BMI (kg/m²)	28.9 ± 4.7	28.2 ± 4.4	0.032
DM	30.3%	29.2%	0.75
Current Smoker	14.7%	17.8%	0.26
Previous MI	12.5%	28.7%	<0.001
Previous Stroke	5.6%	1.9%	0.010
Hypertension	77.0%	73.4%	0.26
Hyperlipidemia	77.3%	74.4%	0.35
Clinical Presenta&on			<0.001
Silent Ischemia	5.5%	13.3%	
Stable angina	68.8%	61.6%	
Unstable angina	25.6%	25.1%	



Cases of three-vessel PCI (%) in SYNTAX II and SYNTAX I

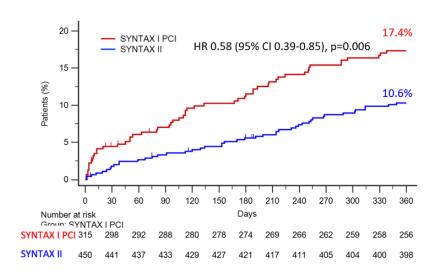


IVUS Guidance : CTO procedures

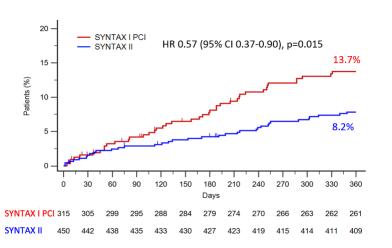
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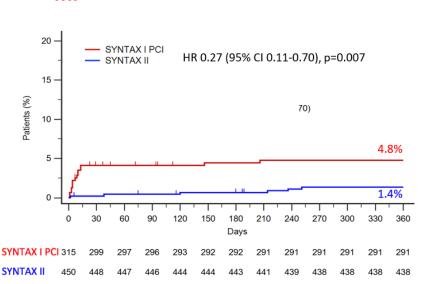
Primary Endpoints



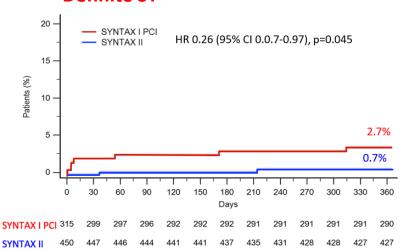
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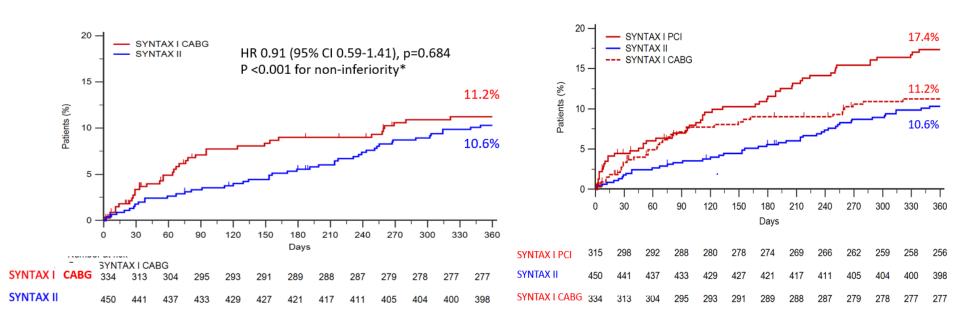
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Exploratory End-Point: MACCE PCI vs. CABG

MACCE SYNTAX II and SYNTAX I PCI / CABG













2014 ESC/EACTS Guidelines on myocardial revascularization

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Developed with the special contribution of the European Association of Percutaneous Cardiovascular Interventions (EAPCI)

2014

Left main disease with a SYNTAX score ≤ 22.		В	1	В	17,134,170
Left main disease with a SYNTAX score 23–32.	- 1	В	lla	В	17
Left main disease with a SYNTAX score >32.		В	III	В	17

2018

Left main CAD				
Left main disease with low SYNTAX score (0 - 22). ^{69,121,122,124,145–148}	1	A	1	A
Left main disease with intermediate SYNTAX score (23 - 32). 69,121,122,124,145–148	1	A	lla	A

No Significant impact, but we should keep going on doing better improving our techniques and outcomes in both PCI and CABG, waiting for longer follow-up data (10 yrs?)